


UPCOMING
GYMNASTS MAGAZINE



**Constanza
García Oliver**

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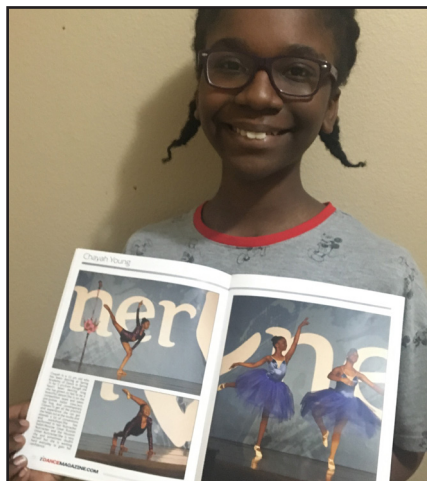
Mission Statement

Our Mission is to Promote Self-Esteem and Recognition to All Talents with Equal Opportunity and without any Discrimination

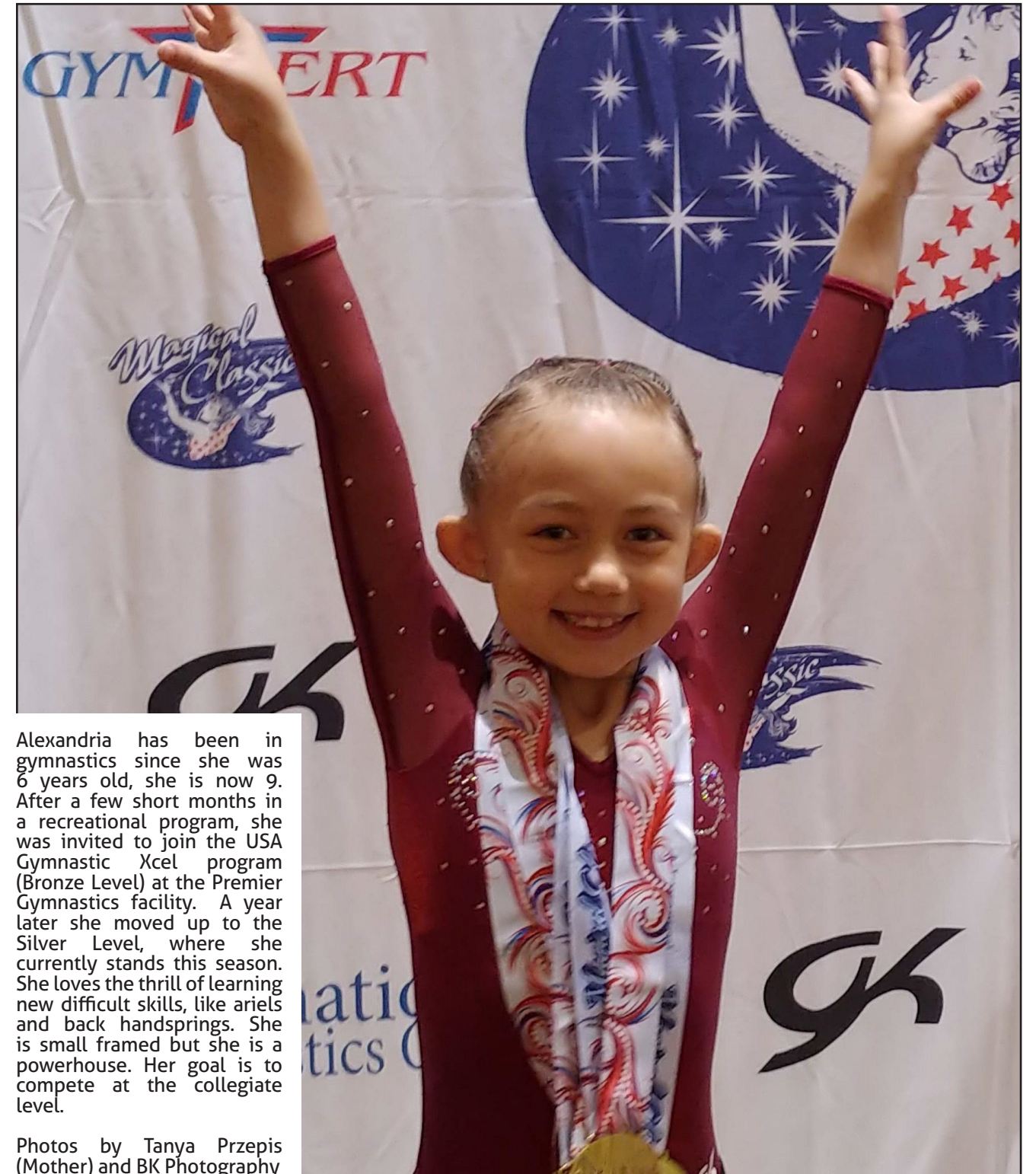
OUR MISSION STATEMENT

Our Mandate is to treat all Talents of all ages, gender, level of ability and expertise equally

PROMOTING SELF-ESTEEM & RECOGNITION

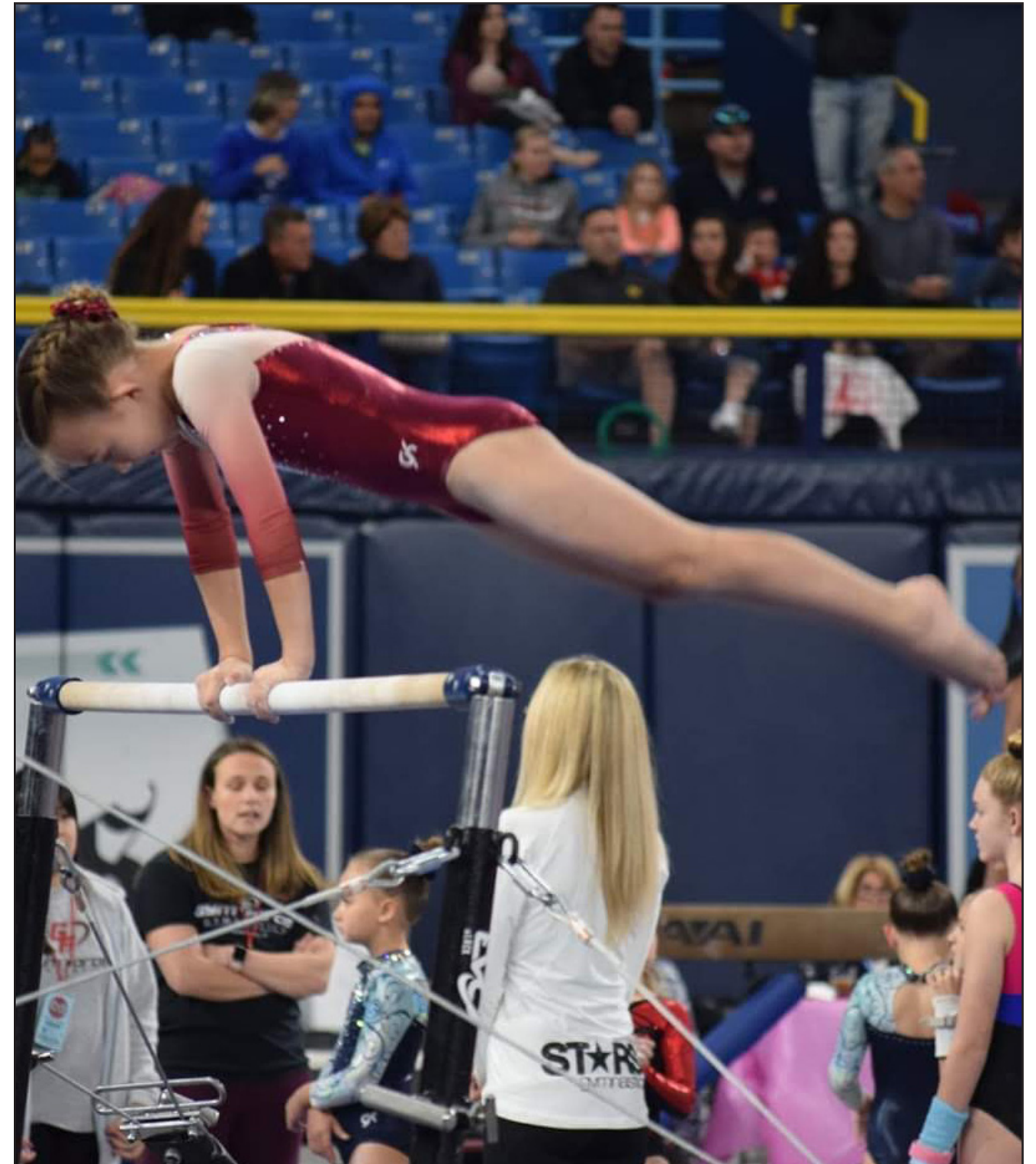


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Alexandria has been in gymnastics since she was 6 years old, she is now 9. After a few short months in a recreational program, she was invited to join the USA Gymnastic Xcel program (Bronze Level) at the Premier Gymnastics facility. A year later she moved up to the Silver Level, where she currently stands this season. She loves the thrill of learning new difficult skills, like ariels and back handsprings. She is small framed but she is a powerhouse. Her goal is to compete at the collegiate level.

Photos by Tanya Przepis (Mother) and BK Photography

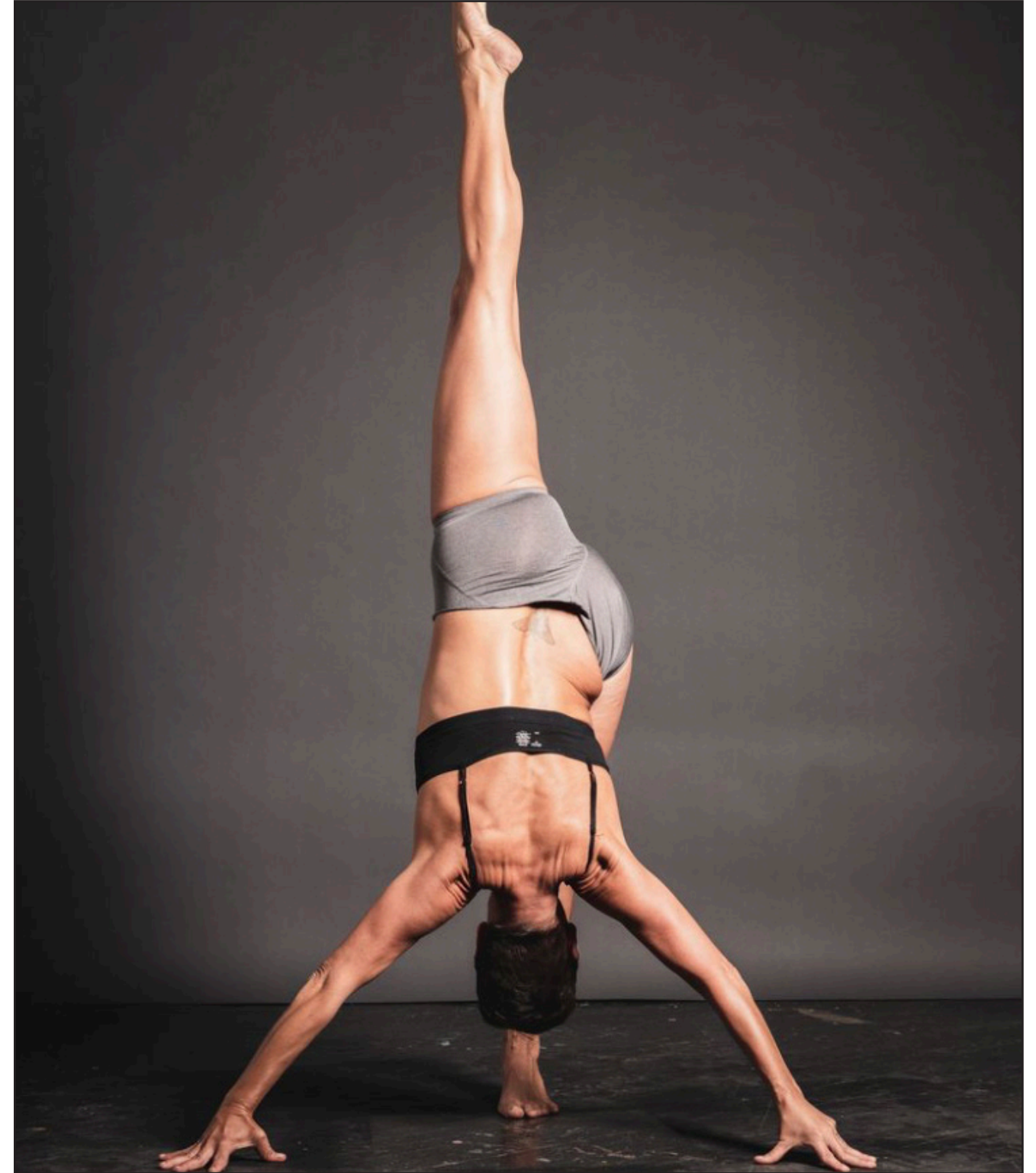




My name is Carla Rodríguez, I am 15 years old, I live in Lima Peru and I love dance. When I was 6 years old, I started doing artistic gymnastics at the Club de Gimnasia El Olivar. Then, in 2019 I decided to quit gymnastics and start doing dance. Something I want to clarify is that I always loved to dance, but I didn't take dance classes until I was 13 years old. I started taking dance classes at the Asociación Cultural D'Art and as they saw that I had potential, that same year I competed for the first time in the ALL DANCE PERÚ participating in two groups: one of salsa (we won first place) and the other of jazz (second place). That was one of the most important achievements I had with my dance team. Unfortunately due to the pandemic I had to take online dance classes for a while and then I stopped virtual classes for personal reasons and was forced to train on my own at home. Currently I continue to train very hard at home since my passion for dance has no limits and despite the situation I always look for a way to get ahead.

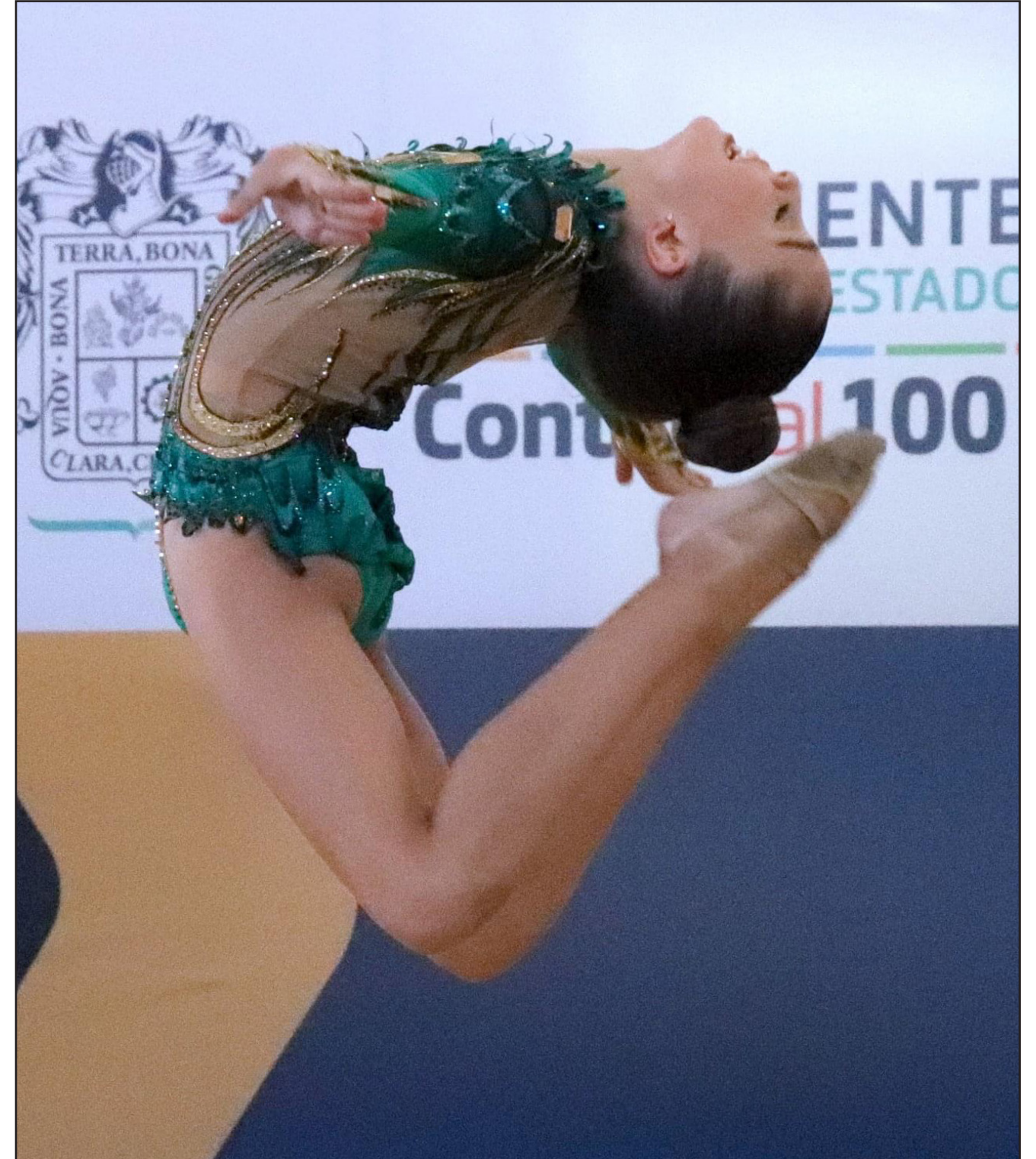
One of my goals is to become a professional dancer and my biggest dream is to set up my own dance academy and then go to teach abroad.







Caroline is retired professional ballerina and current professional contortionist, hand balancer, fire performer, performance artist, and model. She is also a staff artist at Front Street Art in Dayton Ohio where she both performs and models for galleries. Caroline has been published for her artwork in modeling multiple times and been the subject of gallery photos, she has performed on the National stage, and she was "discovered" on Instagram for her work in modeling, as a choreographer, as a contortionist, and as a performance artist and she cannot wait for what's to come.





I'm Constanza, I'm 11 years old and I have been practicing rhythmic gymnastics since I was 6 and ballet since I was 10. I has participated in various competition ranking and national competitions of my country in the modalities of floor, clubs, rope, hoop and ribbon, obtaining first places medals. 2018 season I got 5th Place in the national ranking of my category. To me, would be very pride to represent my country in the Olympic Games.

Currently I also practice ballet because I love expressing myself by dancing. My achievements in ballet are not

many yet, but I would love to become a great ballerina and dance in different stages all over the world.

I train approximately 34 hours a week, since I practice both disciplines and in times of competition they can be more. And although in these times of pandemic it has been complicated, I continue with my dreams and stronger than ever training a lot to achieve my goals. I also love to expense time whit my Family and friends, enjoying during weekends o holidayas. I know that evento dream can become true with attitude, good trainers and most important, discipline.



I am a 44 year old mother and wife, with a full time career in surgical device sales, and an IFBB Figure Pro. I started my journey 7 years ago with one goal in mind, to turn pro, and to get on the Olympia stage. After my best friend and I were hit by a drunk driver at 20 years old, she unfortunately did not make it, I fell into a coma, and in the hospital for several months, I woke from that with a zest for life that can not be stopped. I've always worked out, crossfit, etc, but 7 years ago when I decided on the sport of bodybuilding, my goal was to turn pro, and then get on the Olympia stage with the best in the world. After engaging in the hard work, and discipline I didnt know I had, 7 national shows, I am proud to say I turned pro 2 years ago. Since then I've had an unbelievable journey in the top 10, top 5, and top 3 working my way to qualify for the Olympia stage. With Covid this year season got crunched with many shows canceled and the qualification time frame being from the first show that was held August, 1st, to the last qualifier October, 16th. I am proud to say at the first show, Tampa Pro, an extremely prestigious show, I had the honor of placing 4th, and collecting 6 points towards qualifying. 1st place gets automatic qualification, 2nd-5th get points with top 3 on points in October going. So now I get ready to compete Aug, 29th, Sept, 5th, and however many more times I need to with the goal to take 1st, the ability to take 1st, but the hope's to keep collecting points. I know I can do it, have an unbelievable coach, and an amazing support system with both my husband and son all believing in me, and knowing I belong up there December, 15th in Vegas.



Emma Magee



Emma loves gymnastics! She started with a recreation class at 3 and began competing at 4. She is currently finishing up her Level 4 season where she just received her highest AA score of 37.4. She has received a total of 46 medals from

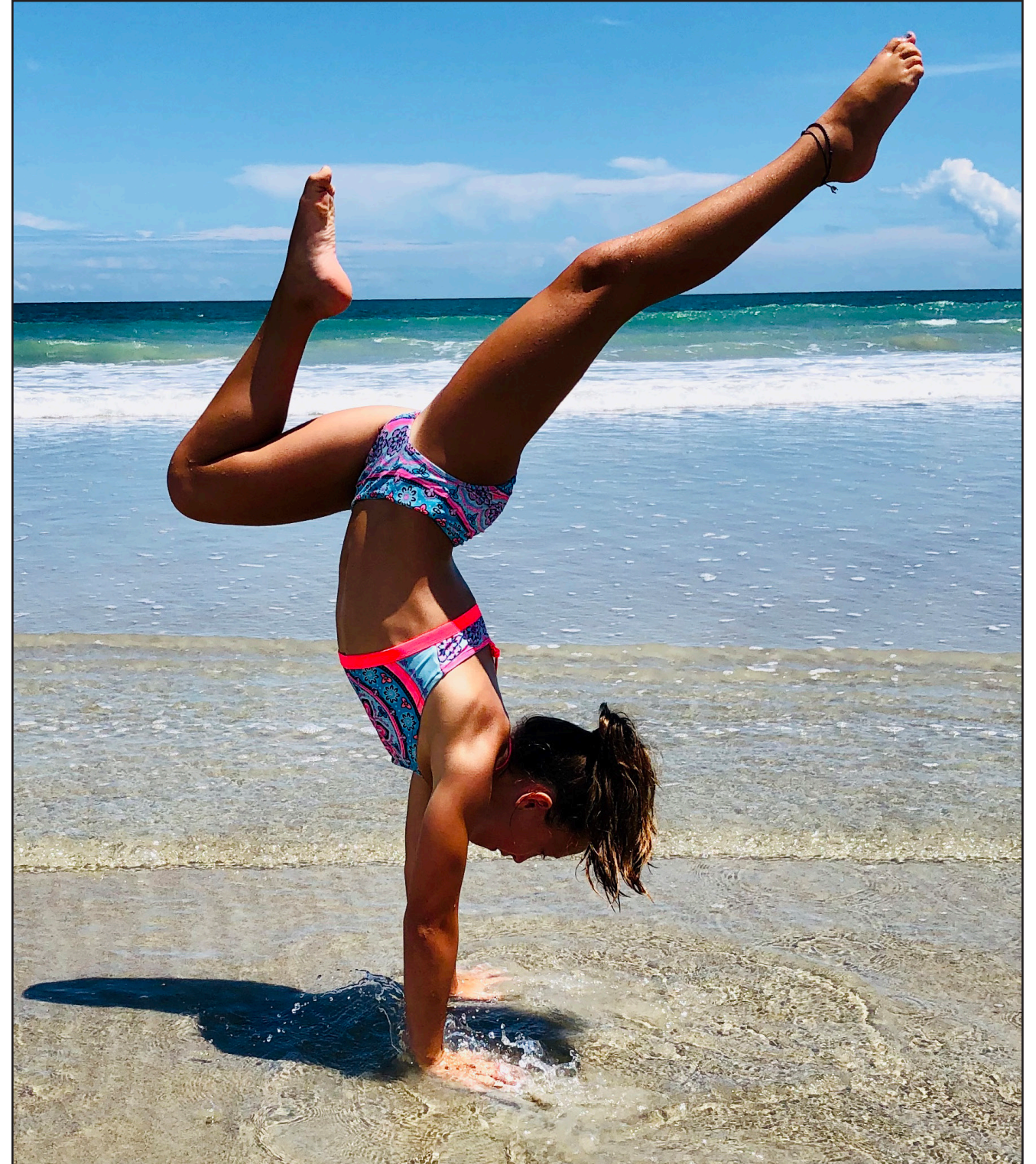
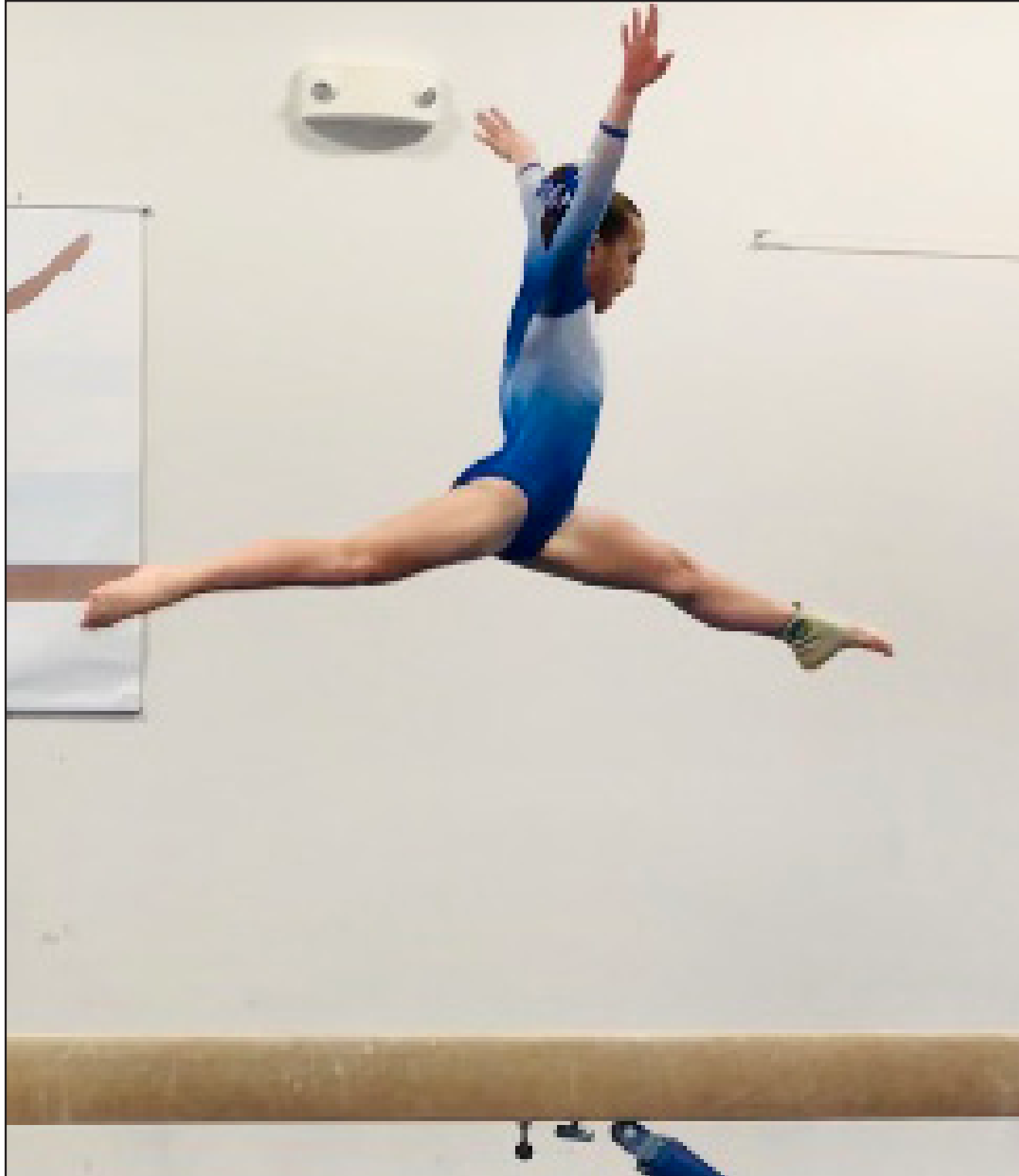
all her meets the last 4 years.

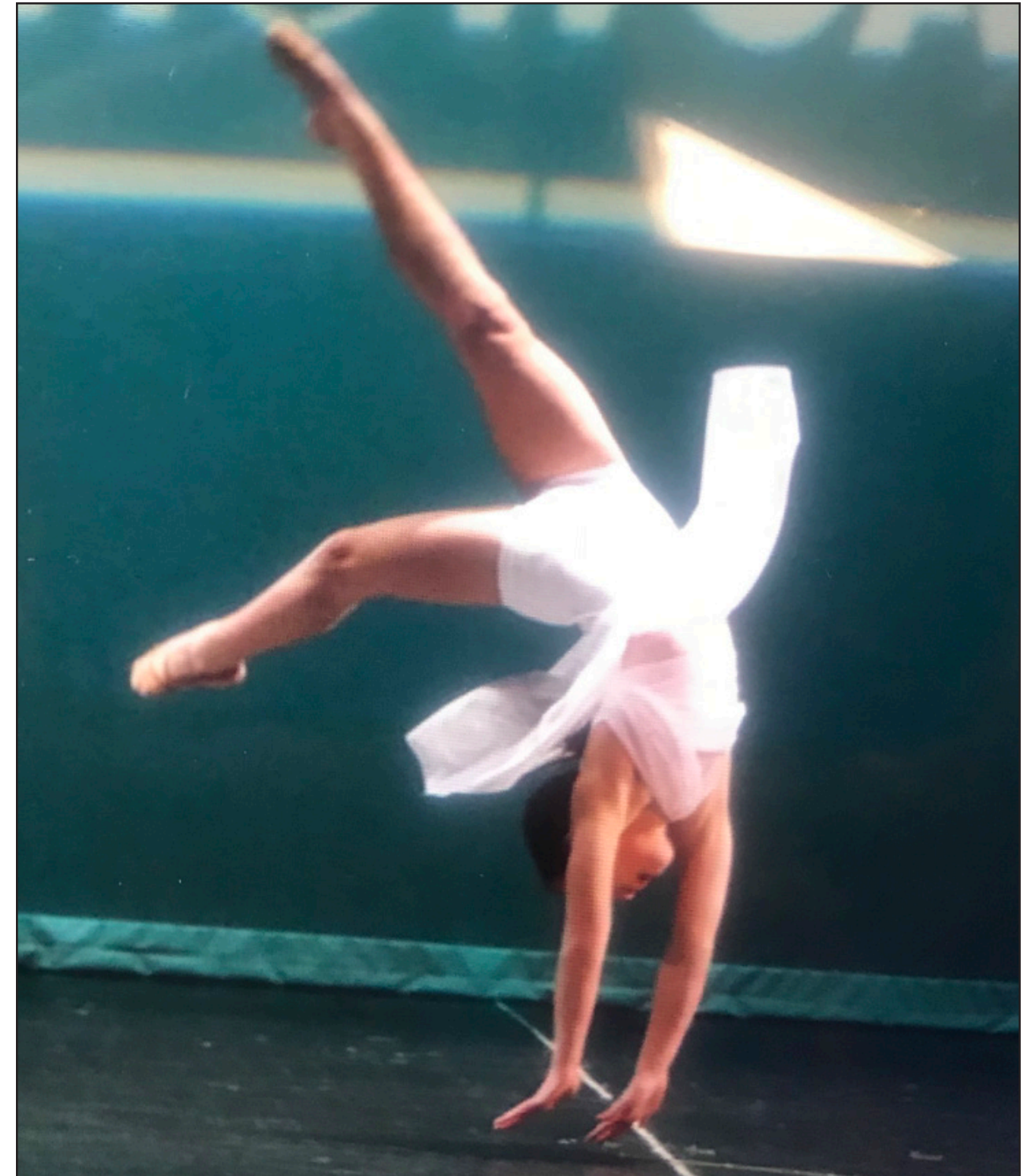
Emma would love to do gymnastics in college and would also like to compete on American Ninja Warrior!

Emma wants to be a scientist when

she grows up so she can find a cure for Type 1 diabetes, which she was diagnosed with at 4. Emma loves art, being outside and spending time with her family and puppy Oshie!







Kenzi Campbell

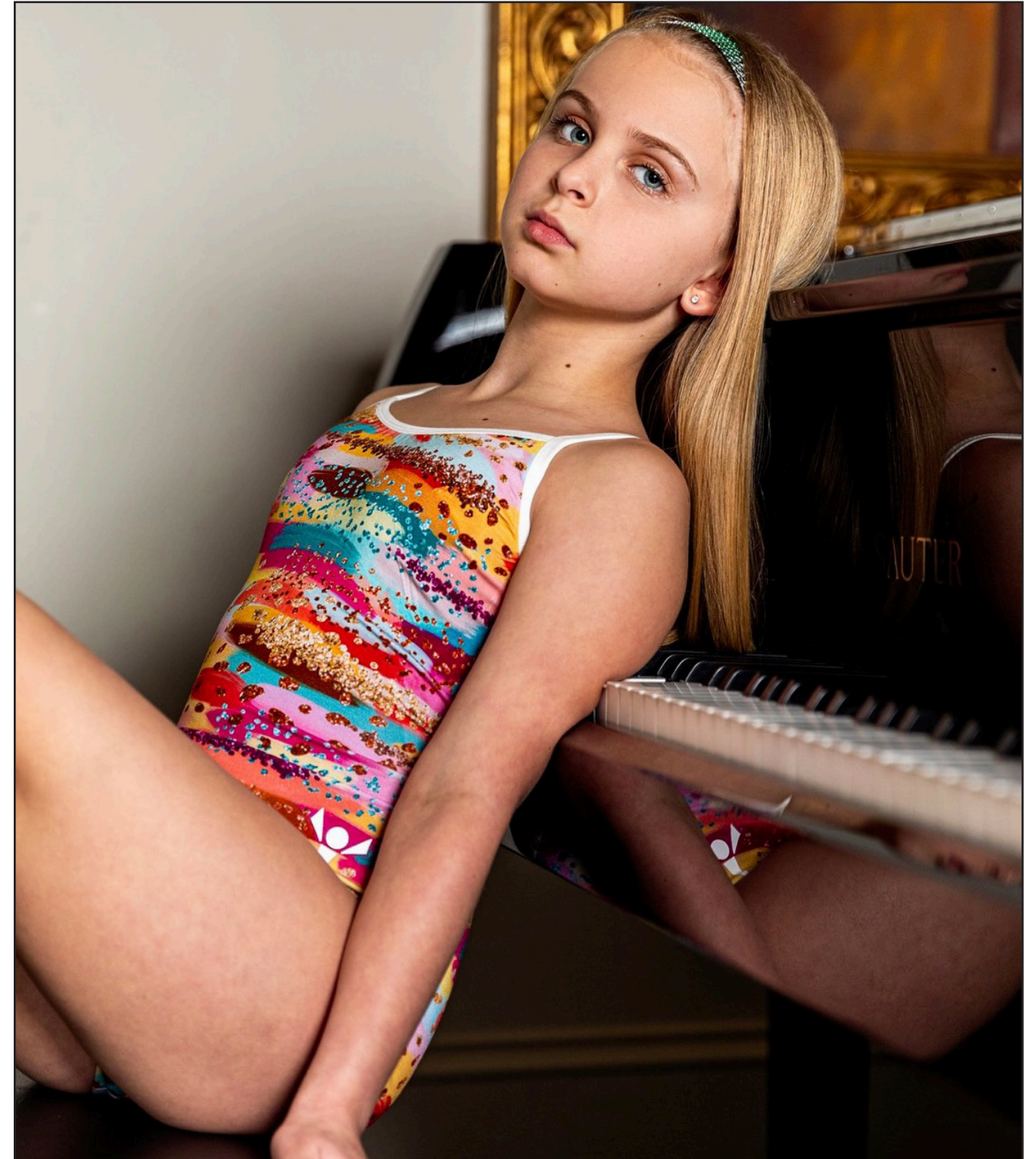


until a horrible storm came while I was practicing, lightning struck very close and I was literally in shock. I did not want to go back and I was terrified to be away from my mom and suffered from anxiety as a result. Thankfully, after two years I decided it was time to restart my gymnastics journey. I began at a new gym again because I wanted a fresh start, a new chapter to my story. My first year back I competed Xcel Silver to ease myself into competition mode. I had a great season, placing First all-around at the first meet and in the top 3 for the remainder of the season. This 2020-2021 season, amongst a world wide pandemic, I trained and competed level 4 and it was tough. The scoring was much harder and the skills were more difficult, but I was able to score above a 34.0 for three consecutive meets.

I am now training for a level 5 score out in June! I am hopeful I will soon be an Optional gymnast. The skills are much harder, but I now have more hours in the gym and our conditioning has been increased quite a lot. My goal is to be a collegiate gymnast, it does not matter which school since the University of Tennessee does not have a gymnastics program. But I would love to be at a SEC school!! I have a true passion for gymnastics, so much so that I have had to do counseling for my anxiety. I am happy to report that I now allow my mom to leave the gym and I am proud of myself for overcoming my fears. I also enjoy being a Brand Rep to some awesome companies on Instagram. I love new leotards and I love photo shoots and collaborating with other gymnasts and friends. A few of the companies I am an Ambassador for are @HIGO_APPAREL, @GLORIFIEDGYMNAST, @D N A P E R F O R M A N C E W E A R, @TWISTEDTULIPS, @ANCHORACTIVEWEARAAW, @MADMIAOFFICIAL, @NEXTLEVELTUMBLERS, @SPRINGEE, @ZARA.ILLUSTRATIONS, @OGCCAMP and @BUCKEYEBOUTIQUEBOX. I love being a brand representative and having the opportunity to share my love of everything gymnastics! I am humbled by the many opportunities I have been given and I am so thankful for all the companies that put their trust in me to provide positive, supportive content for other gymnasts and young ladies. My hope is that I will enjoy my journey, and at the end of the day, that I take with me many life lessons that I can use in my everyday adult life.

My name is Kenzi, I am a 9 year old, level 5 gymnast from sunny Florida. It all began from a little birthday party at the local gymnastics complex. I literally did not want to leave and all I talked about was Gymnastics. I went to my first 'Mommy and Me' class when I was only 18 months old, after about 20 minutes I was moved to the Preschool class. I was a fearless, spunky little girl with no limits. After being in recreational gymnastics for a while, Coach Brooke noticed me and so I began pre-team at age 3. It was lots of fun and I loved being at the gym, it is all I ever wanted to do. I competed level 1 when I was only 4 years old and I loved those blue ribbons so much. At age 5, I competed level 2 and again did extremely well. I then moved to an Elite gym for more conditioning and more hours on the floor with expert coaches. Everything was going well







Lindsey has been a dedicated Special Olympics athlete for over 8 years. For years, she participated in the Special Olympics gymnastics and was a medal winner each year in multiple gymnastics events. Lindsey is also a long time participant in Special Olympics basketball. In 2019, as a high school freshman, she participated on her school's first ever Unified Basketball team. Lindsey scored the first ever basket for her team, in the first game of the season! The team had a great season and Lindsey brought her tenacious attitude and fun loving spirit to each and every game!

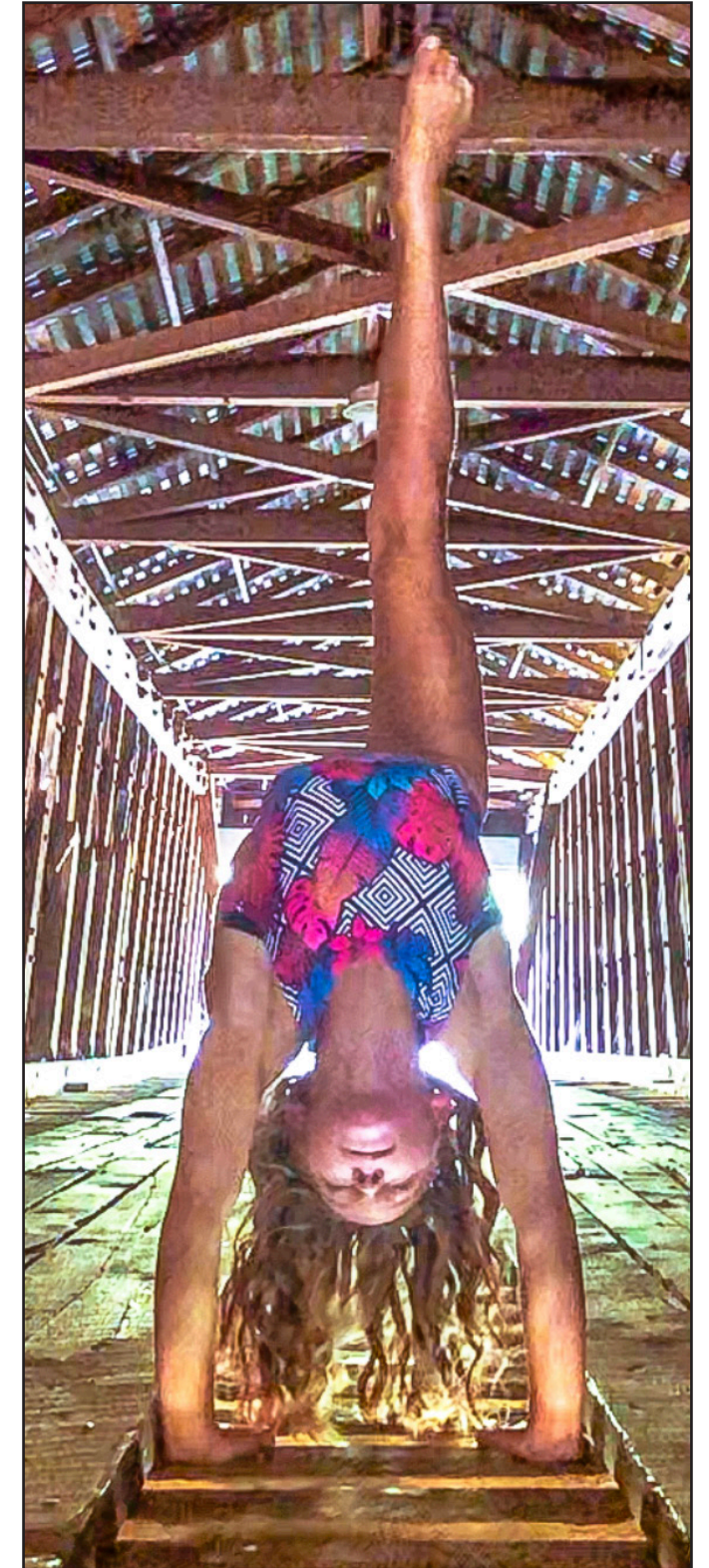
She is also an honorary team member of the Framingham State University softball team, through the Team Impact program. Lindsey loves to attend practices and cheer her team on. She is a tireless supporter of her team and brings great energy and enthusiasm to all of their games and team activities.

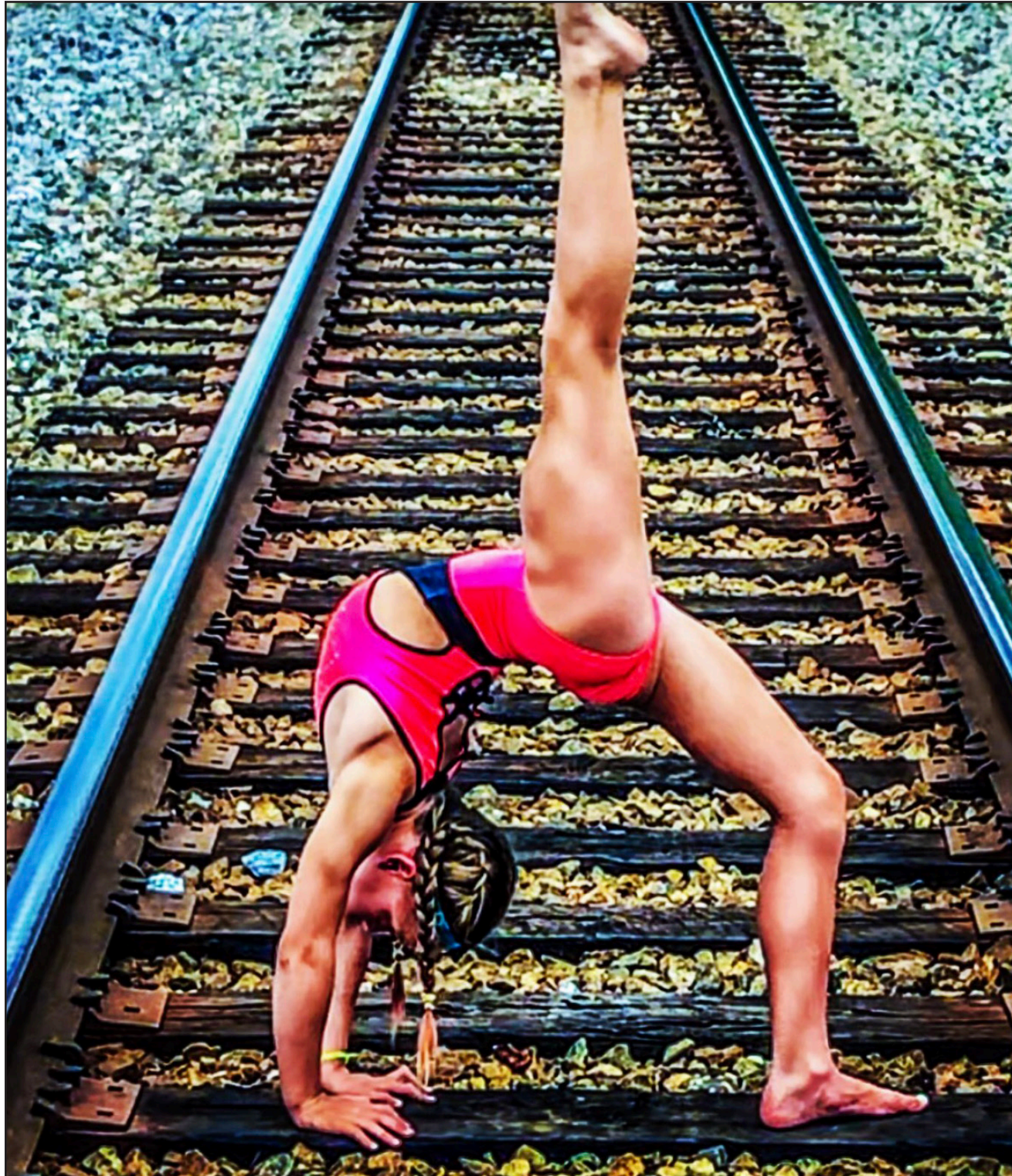
Lindsey is a competitive person, who loves all sorts of sporting activities. She brings her drive to succeed to all of the activities she has participated in. We are constantly amazed by all she has accomplished and know she will continue to do great things as she continues in her high school career. Next up, the first ever Unified Track team for her school. Go Lindsey!



Lyza is a 10 year old level 8 gymnast. She trains 20 hours a week for gymnastics and workouts on her off days. She has been doing gymnastics since she was 5. She has two sisters and a brother, not to mention her two dogs. She is in a private school two days a week allowing for extra training, the other three days she is at home for school

Achievements: She aspires to do gymnastics in college.....you wouldn't know it but she does. It have a ton of confidence in herself....that is her biggest challenge.... competing level 8 as a fourth grader is a huge accomplishment and we think she is amazing







Morgan Huggard



I began dancing at age three. I participated in a medley of children's dance classes from ballet to jazz to acrobatics. I became interested in the aerial arts when I saw performers at a local fair when I was eight years old, and I never looked back. Aerial has helped me find who I am as a person. It helped me find my strengths and weaknesses and helped me make some of the best experiences of my life.

The feeling I get when I am in my lyra is one of pure bliss. It is what keeps me going. I am so grateful that I have found this outlet to express my creativity. I love to dance and choreograph and

perform. Performing on my lyra is the happiest thing for me in the world. When I am on stage, it feels like nothing else matters. The world falls away and it only me and my lyra. Choreographing a lyra routine is a cool and creative outlet. It is incredible to be able to create art and expression with my body. Dancing is so much more than the movements – it tells a story. The only way to show the audience the emotions of your story is to feel them.

I have been training at Momentum Aerial in Flagstaff, Arizona. Momentum is such a positive space. There is an inclusivity like no other. The people support each other. It is

a tightknit community and everyone looks out for everyone else. I am so grateful for my instructor, mentor and friend, Joannie Garcia. She makes me feel awesome and is a positive influence on me because she is a great leader and she listens.

I have also discovered that I love teaching. I have been able to co-teach classes for 6 and 7 year olds. I have also been able to assist with Fun Town Circus Camp for kids. This summer, I will begin my apprenticeship to learn how to be an instructor for Momentum Aerial. I am so eager to begin this next part of my aerial career.







Olga Vasilyeva Olegovna 32 years. In 2010 she graduated from the University of Culture and Art of St. Petersburg as a teacher-choreographer-specialist, choreographer, ballet dancer. For 4 years I worked as a ballet dancer at the Russian Ballet Theater, for 10 years worked as a ballet dancer at the Chiniseli State Circus in St. Petersburg, working in a circus, I fell in love with aerial gymnastics. and decided to do aerial gymnastics. During the year I trained a lot and realized that if I synthesize dance and aerial gymnastics, it will be beautiful and unique. !!!!

My husband Rinat Maksudov trained me, but then he was not my husband))). 7 years ago, together with him, we created our airline "Art

Factory OVO", in which my husband Rinat Maksudov is the leader and leader, and I am the stage director, producer, choreographer and aeronautical gymnast! There are 4 aerial acts in our repertoire:

1. "Air Trio Hehagon"
2. "Silk Air Trio"
3. My solo number "Air Cor-de Volante".
4. Solo "air ring".

My air acts are my passion and love for air and ballet !!!!!

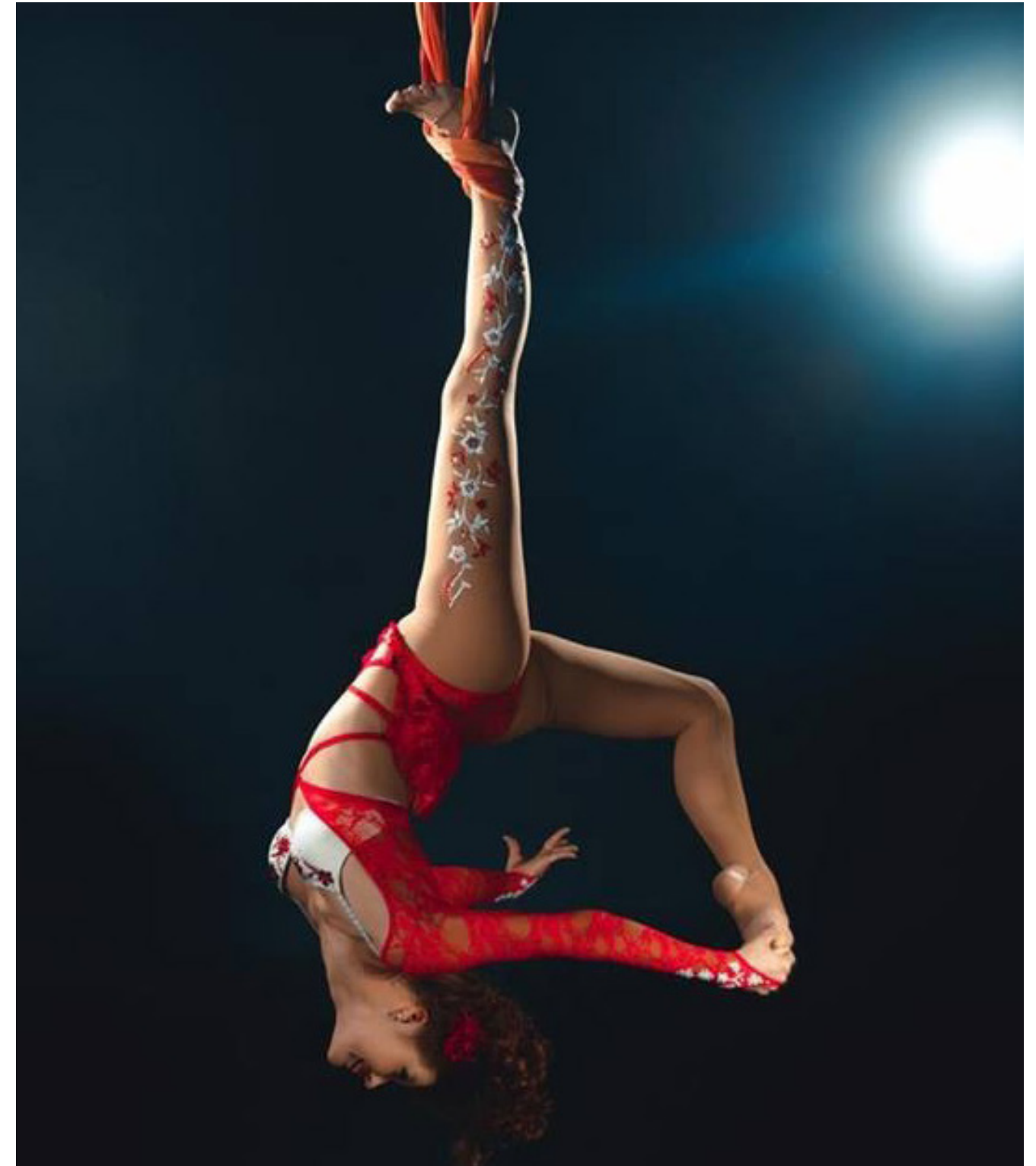
"I love my job very much! Adrenaline, from the danger of stunts at heights without belay, intoxicates and beckons me! aerial gymnastics is a very difficult and dangerous sport, but I do not treat it as a sport, by my first profession

I am a teacher and choreographer, and I experience all the brightest emotions in dance. And now I'm dancing in the air, under the dome of the circus! for me this is a great art and I live by it!

I try to live in my air acts the whole palette of feelings that overwhelm me. I want to share with the audience not only the beauty of the performance, the complexity of performing tricks, but also to draw them into the world of dance under the very dome of the circus!

I bathe in the Euphoria of feelings that overwhelm me during the performance of my aerial acts! And all this immense love for aerial circus art I give you, my dear spectators!









From the moment Sarah has walked through the studio doors, she's been putting a smile on everyone's face.

Also known as "Gummy Bear," this little ball of energy jumps into every new opportunity. A tumbling enthusiast, Sarah has the moves from flips to jumps to cartwheels.

This little dancer may be quiet, but she has big energy that livens up a room. A little charmer, Sarah is sweet as candy with a warm heart.



Sydney Bicher



Sydney has been doing gymnastics since she was two years old. While she's not naturally strong this girl works hard every chance she gets to improve and get stronger. She is an amazing teammate who walks around with sunshine in her heart and always has a smile. This past year in particular has been hard on everyone but she has gained so many new skills and really honed in on getting those basics down just perfect.

Every year Sydney sets realistic goals for herself and the upcoming season. Many times those goals are reached after hard work and dedication. If some aren't achieved (which can happen for many reasons) she goes back to the drawing board and her goals/ inspiration board in

her bedroom to see where she can make adjustments. Sydney struggles with keeping her muscles tight during many skills and works every practice to find that mind/body connection but knows that one day it will all click!

A positive light in the gym on any day, she is always there to help boost a spirit or move a mat. Struggles are a part of life and at the young age of 9 she's a prime example of not letting the rough days stand in your way. She's proud of all the things she has accomplished so far and dreams of crushing it in the future as a level 10 someday!

Photos by @love.bbphotography







My name is Vienna. I am a six year old gymnast. I started gymnastics at the age of 5 and started competing this year at Somersault Jungle Gymnastics. I am on the Excel Bronze and TOPS Team at my gym. My favorite events are Bar and Floor. My idols are Simone Biles and my coach Miss Bailey. My dream is to be a level 10 gymnast and someday compete in college. I was the All Around Champion at the PINK Invitational this past February and look forward to competing in my very first Nationals. I'm working on getting my kip on the bar, my back walk over and back step out on the beam, my half on on vault, and my front and back tuck on floor. I'm so excited to work on and master these new skills and see where gymnastics brings me. I love gymnastics!



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